

	POLICY TITLE:	Personal, Social, Health, Citizenship and Economic Wellbeing Education
		Deputy Headteacher : Well-Being & Diversity Well-Being & Diversity sub-committee
Committee/Person Responsible for Policy:		
Date Approved by Governing Body:	June 2022	
Date of Last Review:	Term 5 2021/22	
Next Review Due:	Term 5 2022/23	

Kingsmead School is committed to ensuring all students undergo a full programme of personal, social, health, citizenship and economic education. This includes work related learning, careers, enterprise and financial capability. We will ensure that the PSHCE programme addresses statutory requirements.

This policy should be read in conjunction with the Safeguarding and Child Protection Policy and the Relationships and Sex Education Policy.

Our principles for PSHCE are rooted in our core values of:

- CARE
- ASPIRATION
- RESPECT
- DETERMINATION

CARE

Every student is treated as an individual – developing self-awareness, confidence and self-esteem, transferrable skills and experiences that prepare the student for the world outside.

ASPIRATION

Every student will be educated so that they can make the correct lifestyle choices based on accurate information received as part of their curriculum.

RESPECT

Students are encouraged to interact with other students – building social skills in working effectively with others and understanding the needs of others.

DETERMINATION

We are committed to developing a shared vision and a common approach to the delivery of the PSHCE curriculum ensuring that each student has the opportunity to develop a broad range of skills by enhancing the learning opportunities and placing the learning in the widest context.

Procedure

The TLR postholder for PSHCE and other relevant staff will ensure that the content and delivery of the programme is consistent and of a high quality and will:

- Adhere to other relevant policies, especially those related to the curriculum
- Provide opportunities for students to demonstrate responsibility for their own learning
- Ensure that students of all levels of ability are challenged
- Require students to exploit a variety of resources, materials and classroom activities to express their thoughts and opinions
- Provide some collapsed days (e.g. careers)
- Invite outside speakers to share their expertise
- Ensure staff are placed in a dedicated learning team so their specialist subject knowledge is developed.
- Lead regular planning and preparation meetings throughout the year, scheduled on the school calendar
- Share resources on SharePoint
- Take on board feedback from staff and Student Council to ensure the programme is regularly reviewed.

The PSHCE curriculum is covered through many subject areas. In addition, PSHCE takes place on a rolling programme for five one-hour lessons each term, sample programme below. During term one the lesson will be on a Monday, term two a Tuesday etc. and students will be notified through 'student notices' when these lessons will take place.

	7	8	9	10	11
1 Sep/Oct	P	S	H	C	E
2 Nov/Dec	C	S	H	E	P
3 Jan/Feb	H	E	C	P	S
4 Feb/Mar	E	H	P	S	C
5 Apr/May	S	P	E	C	H
6 Jun/Jul	V	V	V	V	

P – Personal Relationships
 S – Social Pressures
 H – Healthy Choices
 C – Citizenship
 E – Economic Wellbeing

V – British Values/Core Values

All topics will be tailored to meet the needs of the year group and can be altered to take account of local and national changes.

Personal Relationships will cover topics including: features, types and building of positive and stable relationships; puberty; human reproduction; sexual relationships; consent; contraception; STIs and STDs; pregnancy; families; parenting and bringing up children; pornography; homophobia; abortion; bereavement and loss.

Social Pressures will cover topics including: peer pressure; drugs; alcohol and tobacco use and misuse; personal and social consequences of misuse for themselves and others; addiction; ways of recognising and reducing risk, minimising harm and getting help in emergency and risky situations; benefits and risks of lifestyle choices; short and long-term consequences for physical and mental health and emotional wellbeing of individuals, families and communities.

Healthy Lifestyles will cover topics including: healthy body image, emotional wellbeing and mental health issues, emergency first aid, minimising risk to health (including road safety) and personal identity, including gender identities.

Citizenship considers how an individual fits in society on a local, national and international level. Topics covered include: Democracy and Justice, Rights and Responsibilities (especially of children) and also British Values.

Education for Economic Wellbeing will cover topics including:

- business
- careers
- economics
- work experience; employability
- money matters (debt, banking, budgeting, savings, investment)
- post-16 education

British Values

Kingsmead School is committed to serving its community. It recognises the multi-cultural, multi faith and ever-changing nature of the United Kingdom. It also understands the vital role it has in ensuring that groups or individuals within the school are not subjected to intimidation or radicalisation by those wishing to unduly, or illegally, influence them.

It follows equal opportunities guidance which guarantees that there will be no discrimination against any individual or group, regardless of faith, ethnicity, gender, sexuality, political or financial status, or similar. Kingsmead School is dedicated to preparing pupils for their adult life beyond the formal examined curriculum and ensuring that it promotes and reinforces British values to all its pupils.

The Government emphasises that schools are required to ensure that key 'British Values' are taught in all UK schools. The government set out its definition of British values in the 2011 Prevent Strategy.

We uphold and promote the following British Values:

- Democracy
- The rule of law
- Individual liberty
- Mutual respect
- Tolerance of those with different faiths and beliefs

The examples that follow show some of the many ways Kingsmead School seeks to embed British values:-

Democracy

The principle of democracy is reinforced by the Kingsmead School ethos, with democratic processes being used for important decisions within the school community, for instance, elections being held for senior students. Our elected Student council play a strong role in school; members of the year council are elected by their class peers and are involved in making our school a better place. Student questionnaires, surveys and interviews are also conducted regularly as part of our QA process and we believe that this active participation will sow the seeds for a more sophisticated understanding of democracy in their future.

The principle of democracy is embedded in the curriculum as well as in form time and assemblies. Examples include the study of the importance of Magna Carta and the development of Parliament in KS3 History and a mock elections at times of national elections, such as the European Union referendum.

The rule of law

The importance of laws, whether they be those that govern the class, the school, or the country, are consistently reinforced by the Kingsmead School ethos. Students are taught the rules and expectations of the school and these are constantly reinforced through assemblies and our climate for learning.

The rule of law is also embedded in the curriculum and the extended curriculum. Pupils are taught the value and the reasons behind laws that govern and protect us, the responsibilities that this involves and the consequences when laws are broken. Examples include the study of the application of air pollution and climate change legislation in Science. We welcome a range of visitors who reinforce this message.

Individual liberty

At Kingsmead School, students are actively encouraged to make independent choices, with the knowledge that they are in a safe, secure and supportive environment. Staff at Kingsmead School work hard to provide a positive ethos; they educate and provide boundaries for pupils to make informed choices, through a safe environment and an empowering education. Pupils are encouraged to set personal targets and choose tasks in class which challenge them, giving them more freedom to determine their own success. We offer a range of extra-curricular activities which pupils have the right to choose from, based on their interests. Students are encouraged to know, understand and exercise their rights and personal freedoms and are advised on how to exercise these safely, for example through online safety.

Kingsmead School also reinforces the value of individual liberty explicitly within the curriculum and extended curriculum.

We are confident that our PSHCE programme will prepare students well for life in the 21st century.

Links:

Relationships Education, Relationships and Sex Education (RSE) and Health Education Draft statutory guidance for governing bodies, proprietors, head teachers, principals, senior leadership teams, teachers - February 2019

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/781150/Draft_guidance_Relationships_Education_Relationships_and_Sex_Education_RSE_and_Health_Education2.pdf